

Welcome!

In this issue, learn about SKH's integrated approach to diabetic foot care management, and find out more about our new pre-pregnancy counselling service. If you missed our August GP webinar on diabetic limb complications, you can watch it [here](#).

Thank you!

❖ SKH CME Webinar | Management of Diabetic Limb Complications

On 21 August 2024, we hosted a CME webinar on managing diabetic foot complications. The session was led by a panel of experts including SKH's orthopaedic, plastic, and vascular surgeons, and a primary care family physician.

Missed the webinar or need a refresher? Watch it by clicking [this link](#) (Internet access required).

Notes regarding CME webinar attendance:

- 1 CME point will be awarded to eligible GPs. Doctors who attended the actual webinar will have points submitted by SKH on your behalf.
- Doctors who watch the recorded webinar in your own time can submit self-claims via SMC portal (under Cat 3A). Please contact [Ms Julian Ang](#) (Julian.ang.x.l@skh.com.sg) to obtain the SMC-accredited and approved event ID for your Cat 3A self-claim.
- This webinar is part of a series of GP webinars. Details of the next webinar will be shared soon. Stay tuned!

❖ Highlights

Comprehensive Diabetic Foot Care Management at SKH

DREAM Clinic

The SKH **D**iabetes **R**apid **E**valuation and lower limb **A**mputation **M**anagement (DREAM) clinic is a daily service **led by podiatrists**. It provides fast access to a team of specialists, including **endocrinologists**, **vascular surgeons**, and **orthopedic surgeons**, for managing Diabetic Foot Ulcers (DFUs).

The clinic aims to see patients within 48 hours of their initial presentation to provide timely and targeted management for DFUs. Patients requiring urgent admission can be **admitted** directly from the clinic.

Statistics from August 2018 till May 2024

162 Patients seen in DREAM clinic

40 Patients required urgent admission

1 Major amputation in 7 years due to presentation of an unsalvageable limb

Facts!

1 in 10 people live with diabetes mellitus

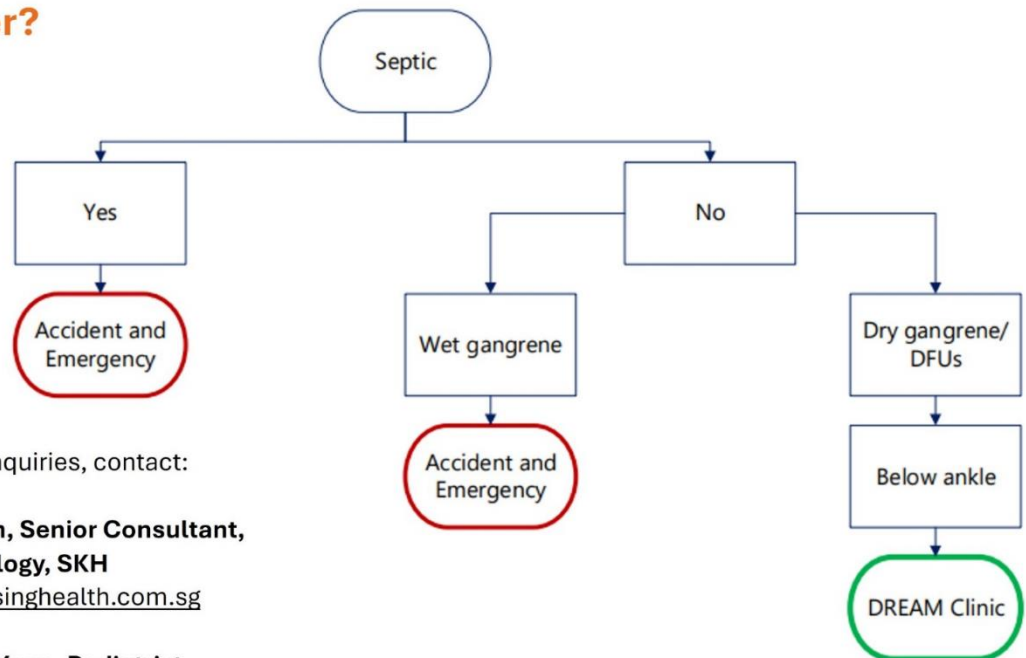
Diabetes increases risk of amputation by **10 – 20x**



19 - 34% risk of developing DFUs

Every **20 seconds**, a lower limb amputation is performed globally

How do you refer?



To find out more or if any enquiries, contact:

DREAM Service

**Dr Sueziani Binte Zainudin, Senior Consultant,
Department of Endocrinology, SKH**

Email: sueziani.zainudin@singhealth.com.sg

**Bradley Edmond Charles Yuen, Podiatrist,
Department of Podiatry, SKH**

Email: bradley.edmond.c.y@skh.com.sg

Diabetic Limb Salvage Service

The SKH Diabetic Limb Salvage (DLS) team **works closely with DREAM Clinic and vascular specialists to streamline referrals internally**, ensuring patients receive timely and appropriate care. The team brings together orthopaedic, vascular, plastic surgeons, along with population health experts, and allied health professionals, to provide a comprehensive, one-stop solution for patients with DFUs.

By combining expertise from multiple specialties, the team offers tailored care guiding patients through complex treatments. These include diabetes management, wound cleaning, blood flow restoration, wound coverage, and preventive surgeries, all aimed at achieving the best possible outcomes.

This collaborative approach has **yielded significant improvements in more than 300 patients in the past four years:**

Reduced major amputations from:

9% to 1%

Reduced median healing time from:

4 to 2 months

Improved one-year healing rate from:

68% to 95%

SKH's collaboration with population health and podiatry teams has enhanced preventive care efforts, reducing the recurrence rate from:

25% to 6%

❖ Services

SKH Launches New Pre-pregnancy Counselling Service

Service overview

SKH Pre-pregnancy Counselling Service caters to couples and women who intend to conceive within the next year. This service is available to all patients, whether they have any chronic medical conditions or not.

Benefits for patients

This service provides specialised counselling advice for those with chronic medical conditions or a history of pregnancy complications, including preeclampsia, gestational diabetes mellitus, obstetric cholestasis, and venous thromboembolism or pulmonary embolism in pregnancy. Our team also assists patients to optimise their health for pregnancy by recommending appropriate vaccinations and advising on pre-pregnancy nutritional supplements and personalised health improvement strategies.

Eligibility - Who can use this service

This service is open to all women planning pregnancy within the next year.

Referrals and enquiries

- GPs can refer patients to the SKH Pre-pregnancy Counselling Clinic
- Specialist (Friday mornings): [Dr Pooja Sachdeva](#), Senior Consultant, Department of General Medicine, SKH
- For referrals or enquiries, please email **SKH GP Appointments:** gp@skh.com.sg

❖ GP Referrals to SKH Specialist Outpatient Clinics (SOC)

Get Onboard Partners Buddy (PB) with us **NOW!**

Benefits



Directly book SOC appointments for your patients across various specialty clinics in SKH*



View and track patients' SOC appointments and specialists' referral replies



Strengthen collaboration between Hospital and Primary Care Setting

***Please see attached PDF for the latest specialty and sub-specialty clinics at SKH Medical Centre.**

What's in it for me as a GP?

- ✓ Directly secure appointments on the spot anytime^
- ✓ No need to handle multiple emails anymore
- ✓ Round-the-clock access to your patients' care plan through one platform
- ✓ Be kept updated by our specialists on patients' conditions and recommended treatment plans
- ✓ Your patients will be right-sited back to you

^For urgent referrals or new SingHealth patients, SKH will conduct the necessary verifications before booking the appointment.

Partners Buddy sharing and demo sessions are available if you are keen to get onboarded to this platform!

For more information, you may reach out to our SingHealth Partners Buddy Team (partnersbuddy@singhealth.com.sg).

Note: For GPs who are not onboarded with PB, we accept GP referrals through the following email: gp@skh.com.sg. Request can take up to 3 working days or more to fulfil from the date of email received should there be more clarifications required.

Copyright by Sengkang General Hospital
For previous GP Bulletin issues, visit [SKH website](http://www.skh.com.sg).

Follow us on [Facebook](#) and [Instagram](#).

If you have any questions or wish to provide feedback, please email julian.ang.x.l@skh.com.sg
You have received this GP Bulletin because of your relationship with Sengkang General Hospital Pte. Ltd.
We respect your privacy and will never share your email address with a third party.