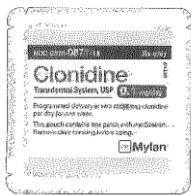


Clonidine Transdermal 0.3mg/day PATCH

Patient Information Leaflet

This leaflet illustrates the proper application for the use of Clonidine Transdermal Patch. It is meant to be changed once a week, preferably at a convenient time on the same day of the week.

Each box contains 4 medicated patches (containing the medicine clonidine) and 4 non-medicated adhesive covers.

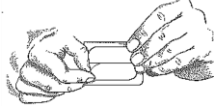
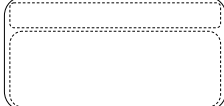
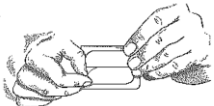
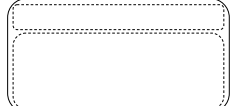
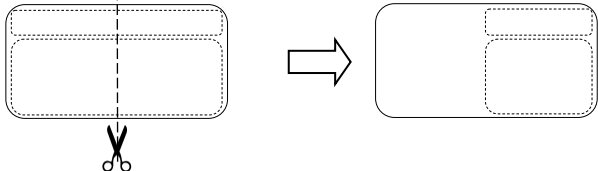
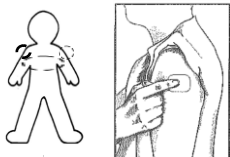
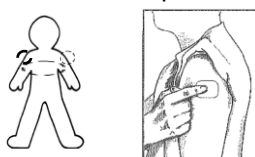


Note: DO NOT CUT through the **MEDICATED** patch as this will destroy the membrane.

**MEDICATED
PATCH**

**ADHESIVE
COVER**

1. Wash hands with soap and water and dry thoroughly.
2. Clean the chosen area with soap and water, rinse and wipe dry with clean, dry tissue.
3. Remove the **MEDICATED** patch from the sachet.
4. Discard the additional clear film above and below the **MEDICATED** patch.
5. You have been prescribed with the following dose:

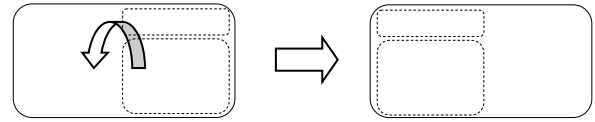
1 patch (0.3mg/day)	½ (half) patch (0.15mg/day)
<p>Step 1</p> <ul style="list-style-type: none"> • On the sticky side of the MEDICATED patch, there will be two halves of the plastic protective backing. Please note that both halves are not equal in size.   <ul style="list-style-type: none"> • Carefully remove both halves of the protective backing. • Hold the MEDICATED patch by the edge so as not to touch the sticky side. 	<p>Step 1</p> <ul style="list-style-type: none"> • On the sticky side of the MEDICATED patch, there will be two halves of the plastic protective backing. Please note that both halves are not equal in size.   <ul style="list-style-type: none"> • Estimate and trim the plastic protective backing such that half the MEDICATED patch is exposed. DO NOT CUT the MEDICATED patch. • Hold the MEDICATED patch by the edge so as not to touch the sticky side 
<p>Step 2</p> <ul style="list-style-type: none"> • Press the sticky side of the MEDICATED patch firmly onto a clean, dry, hairless area of skin preferably on the upper, outer arms or on the upper chest. • <u>Avoid</u> areas of skin that are cut or irritated • Use a piece of dressing (e.g. adhesive cover, Tegaderm™) to cover the MEDICATED patch and secure it to the skin. • You may mark the “Patch Change Day” on the MEDICATED patch. 	<p>Step 2</p> <ul style="list-style-type: none"> • Press the sticky, exposed side of the MEDICATED patch firmly onto a clean, dry, hairless area of skin preferably on the upper, outer arms or on the upper chest. • <u>Avoid</u> areas of skin that are cut or irritated • Use a piece of dressing (e.g. adhesive cover, Tegaderm™) to cover the MEDICATED patch and secure it to the skin. • You may mark the “Patch Change Day” on the used half of the MEDICATED patch to prevent any confusion between the used/unused portions. 

Step 3

- To change a new **MEDICATED** patch after 1 week, alternate sites of application i.e. between the upper, outer arms and the upper chest.

Step 3

- To change after 1 week, alternate sites of application i.e. between the upper, outer arms and the upper chest.
- Remove the dressing covering the **MEDICATED** patch.
- Carefully peel away the remaining protective backing and move it over to the other half of the **MEDICATED** patch.
- Use a dressing to secure the **MEDICATED** patch.
- When both halves have been used, apply a new **MEDICATED** patch.



Credits: Some illustrations are adapted from the company's patient information leaflet

Before starting Clonidine Patch, what precautions must I follow?

Inform the doctor if:

- The patient is allergic to this medication or any of the other ingredients of this medication.
- The patient has a heart condition, kidney or liver problem.
- The patient is going for a MRI scan. You may need to remove the patch during the scan.

What should I do if I miss a dose?

If you forget to change the patch on the usual "Patch Change Day", put on a new patch as soon as you remember. You now have a new "Patch Change Day" and new Day 1.

What should I do if the patch falls off?

If the patch becomes loose, lifts at the edges or falls off, try to put it on again. You may secure the patch with an adhesive dressing (e.g. adhesive cover, Tegaderm™).

Put on a new patch immediately, if:

- it is no longer sticky
- it has become stuck to itself or another surface
- it has other material stuck to it
- it is the second time it has become loose or has fallen off

After putting on the new patch, you now have a new "Patch Change Day" and new Day 1.

How should I dispose of Clonidine Patch safely?

Prior to disposal, fold the used patch into half such that the adhesive sides stick together. This step prevents any person who happens to pick up the used patch from re-using it again.

How should I handle Clonidine Patch safely?

Do not fold the patch or touch the patch repeatedly as exerting pressure may possibly cause the medicine to ooze out at the edge. Wash hands thoroughly after handling the patch and also the area of skin where the patch has been.

How should I store Clonidine Patch?

Keep in a cool, dry place (room temperature), away from direct sunlight.



Version 3

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Produced by Department of Pharmacy

KK Women's and Children's Hospital

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