

All about tics: for teachers

How should I manage tics in the classroom?



Ignore and avoid commenting about tics

- Seek permission from the child and parents to provide information about tics in general to help the class better understand the condition.
- Children should not be punished because of tics



If the child is having an increase in tics

 If the child is having an increase in tics, offer a short break outside the classroom to 'release' his/her tics.

What are

For children with touching tics or large movement motor tics

• Giving the child a larger personal space can reduce disruption to other classmates.



considerations for seating children with tics in the classroom?

For children who need frequent short breaks

• Sitting near the exit may be less disruptive for the class.



For children with attention difficulties

- Seating the child closer to the teacher can be helpful.
- · Break activities into smaller tasks.
- Provide additional time if required.



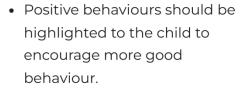
How should I manage homework and discipline for children with tics?

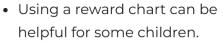


Homework and discipline should be managed similar to other children

 Writing down home work in a communication book or diary can help children keep track of homework.

Managing challenging behaviours





• Having a discussion with the child, parent and allied educators to identify a consistent consequence can be helpful.



If tics are impacting on the child's handwriting

- Discuss this with the child's parents.
- Encourage parents to discuss this with their child's healthcare provider.



Having an alternative means of handing up the homework

• Typing out the homework may be helpful while the child is working on improving his/her handwriting.

How should I manage handwriting for children with tics?

- Information jointly provided by
 Paediatric Adolescent Wellness Service
 Neurology Service
 Psychology Service
 Department of Child Development

- Child and Adolescent Mental Wellness Service

